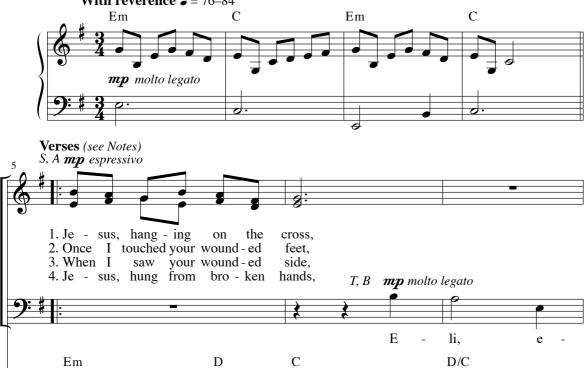
MY SAVIOR, MY FRIEND

Frances Teresa, OSC
Based on Mark 15:34

With reverence = 76–84

Music and Refrain Words by
Chris de Silva



Notes

Upon reading this poignant text of Sr. Frances, I felt moved to pair her beautiful words with those of the refrain, which is my adaptation of the Invitation to the Veneration of the Cross. The words of Sr. Frances, though personal in tone and devotion, invite us all to share in the death and resurrection of our Lord.

The piece should begin simply, with women in unison on verse one. The alto part may be added on verse two. Then, on the third verse, a solo male voice could sing "Eli, lema sabachthani?" staying within the overall choral texture instead of bringing his line to the forefront. Finally, all men would join the soloist on verse four. The refrain could be expanded similarly from unison to four parts, always sung with reverence and not melodramatically.

The extended introduction on the recording of this song (*Belong*, CD-777) may be replicated by having the musicians sustain an open E chord (as a drone) while a male soloist sings the final line of the piece ("Eli, lema sabachthani?"). Take your time, allowing the drone to build slightly, then proceed with the introduction as written.

-Chris de Silva

Parts for String Quartet are available separately from the publisher, G-7575INST. A Guitar Edition is also available, G-7575G.

