Is there anyone can help us, one who understands our hearts,
When the thorns of life have pierced them till they bleed;
One who sympathizes with us, who in wondrous love imparts
Just the very, very blessing that we need?

Refrain:

Yes, there’s One, only One,
The blessed, blessed Jesus, He’s the One;
When afflictions press the soul,
When waves of trouble roll,
And you need a friend to help you, He’s the One.

Is there anyone can help us, when the load is hard to bear,
Who faint and fall beneath it in alarm;
Is there anyone can help us, when the end is drawing near,
And will bear our spirits safely o’er the tide?

Refrain:

Is there anyone can help us, who can give the sinner peace,
Who can speak the word of pardon that affords a sweet release,
And whose blood can wash and make us white as snow?

Refrain

Is there any one can help us, when the load is hard to bear,
And we faint and fall beneath it in alarm;
Who in tenderness will lift us, and the heavy burden share,
And support us with an everlasting arm?

Refrain

James Bruce Mackay