"Take Up Your Cross," the Savior Said

1 “Take up your cross,” the Savior said, “if you would my disciple be; deny yourself, the world forsake, and humbly follow after me.”

2 Take up your cross, let not its weight fill your weak spirit with alarm; his strength shall bear your spirit up, and nerve your heart, and brace your arm.

3 Take up your cross, heed not the shame, nor let your foolish pride rebel; your only they who bear the cross may hope to win the glorious crown.

4 Take up your cross and follow Christ, nor think till death to lay it down; for Lord for you the cross endured, and fought the powers of death and hell.